A TIAA-CREF Financial Essentials Workshop

Inside Money:
Managing income and debt

It’s your budget – take control.

Everyone talks about a budget, but how many of us actually make one? Most people have some debt, but how many understand its effects on their lives and their futures? Let us show you the real impact of budgeting and debt – and how to help make your money work.

TIAA-CREF’s workshop leader will explain the big picture of budgeting:

- Learn the importance of cash flow - and how to use it
- Change how you look at saving and spending
- Identify good and bad debt - and ways to help manage it

Spend a little time with us and learn valuable budgeting and debt management skills. You’re welcome to forward this email to a colleague who may also want to attend!

Join us on Monday, March 21, 2016 from 12:00 p.m. - 1:30 p.m. at Administrative Building, 135 East 22nd Street, Room 301 as we develop powerful budgeting and debt management skills!

Reserve a seat at the workshop today!
RSVP by calling 800 732-8353
Monday - Friday, 8 a.m. - 8 p.m. (ET)
or schedule online at
www.tiaa-cref.org/schedulenow

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