Ideology and Ignorance in the Dismissal of Psychoanalytic Theory and Therapy: How Psychodynamic, Cognitive-Behavioral, and Systemic Perspectives Intersect and Mutually Enrich Each Other

Paul L. Wachtel, PhD
Distinguished Professor of Psychology
City College and The Graduate Center,
City University of New York

Thursday, May 5th, 2016 – 1:00 to 2:00pm
Newman Vertical Campus Room 10-150

Abstract: Where once psychoanalysis was the arrogant hegemon in the world of psychotherapy, this position has been taken over by cognitive-behavioral therapy. And in parallel fashion to the earlier distortions of behavioral work by psychoanalysts, today students around the country are being taught distorted and inaccurate versions of psychoanalysis. I will explore those distortions and describe a more contemporary version of psychoanalytic thought that in fact intersects with cognitive-behavioral theory and practice and complements it in critically important ways.

The Department of Psychology at Baruch College is pleased to invite you to join us on Thursday, May 5th from 1:00pm-2:00pm as we welcome our guest, Dr. Paul L. Wachtel. Undergrad and grad students, faculty, staff, and community members are encouraged to attend.

An informal reception will follow. Join us for an opportunity to discuss research and mingle with faculty, students, and alumni!