

MA in Mental Health Counseling

- [For additional program information see the Weissman School website](#)

The Master of Arts in Mental Health Counseling program at Baruch College prepares its graduates to be professional practitioners in a variety of mental health settings (e.g. clinics, hospitals, counseling centers, outreach programs, and private practice settings). Students graduating from this program will be prepared to be generalists in mental health counseling with a focus on the area of health counseling.

The program provides students with a comprehensive background that emphasizes both academic coursework and supervised clinical internship training. This 60 credit master's program operates on a cohort model whereby all students complete the same program of study. Enrollment is offered on a full-time basis only, and the program is designed in a lock-step sequence where courses taken each semester are outlined in advance.

The MHC Program is designed specifically to address the needs of those training for the mental health counseling license. When graduating from the program students are prepared for practice in a variety of settings with diverse populations. The program is approved by the New York State Education Department and meets all of the NYSED standards. After 3000 hours of supervised post-degree experience, a graduate of this program would be eligible to take an exam for licensure.

Courses in Specialization (60 credits)		
PSY 9811	Foundations of Mental Health Counseling	3
PSY 9812	Clinical Health Psychology	3
PSY 9813	Clinical Instructions	3
PSY 9814	Ethical and Legal Issues for Mental Health Counselors	3
PSY 9815	Psychosocial and Cultural Foundations of Counseling	3
PSY 9816	Addiction and Dependency	3
PSY 9817	Counseling and Group Process	3
PSY 9818	Practicum/Experiential	3
PSY 9819	Psychopathology	3
PSY 9820	Life Span Development	3
PSY 9821	Cognitive and Behavioral Approaches in Health Psychology	3
PSY 9823	Career Counseling	3
PSY 9824	Assessment	3
PSY 9825	Coping with Grief and Trauma	3
PSY 9826	Assessment and Treatment of Obesity and Eating Disorders	3
PSY 9830	Mental Health Counseling Internship I	6
PSY 9831	Mental Health Counseling Internship II	6
PSY 9922	Research and Program Evaluation in Mental Health Counseling	3