

# MA in Mental Health Counseling

- [For additional program information see the Weissman School website](#)

The Master of Arts in Mental Health Counseling program at Baruch College prepares its graduates to be professional practitioners in a variety of mental health settings (e.g. clinics, hospitals, counseling centers, outreach programs, and private practice settings). Students graduating from this program will be prepared to be generalists in mental health counseling with a focus on the area of health and well-being counseling.

The program provides students with a comprehensive background that emphasizes both academic coursework and supervised clinical internship training. This 60 credit master's program operates on a cohort model whereby all students complete the same program of study. Enrollment is offered on a full-time basis only, and the program is designed in a lock-step sequence where courses taken each semester are outlined in advance.

The MHC Program is designed specifically to address the needs of those training for the mental health counseling license. When graduating from the program students are prepared for practice in a variety of settings with diverse populations. The program is approved by the New York State Education Department and meets all of the NYSED standards. After 3000 hours of supervised post-degree experience, a graduate of this program would be eligible to take an exam for licensure.

| Courses in Specialization (60 credits) |  |             |
|--|--|-------------|
| <a href="#">PSY 9811</a>               | Foundations of Mental Health Counseling                  | 3 credits   |
| <a href="#">PSY 9812</a>               | Clinical Health Psychology                               | 3 credits   |
| <a href="#">PSY 9813</a>               | Clinical Instructions                                    | 3 credits   |
| <a href="#">PSY 9814</a>               | Ethical and Legal Issues for Mental Health Counselors    | 3 credits   |
| <a href="#">PSY 9815</a>               | Psychosocial and Cultural Foundations of Counseling      | 3 credits   |
| <a href="#">PSY 9816</a>               | Addiction and Dependency                                 | 3 credits   |
| <a href="#">PSY 9817</a>               | Counseling and Group Process                             | 3 credits   |
| <a href="#">PSY 9818</a>               | Practicum/Experiential                                   | 3 credits   |
| <a href="#">PSY 9819</a>               | Psychopathology  | 3 credits   |
| <a href="#">PSY 9820</a>               | Life Span Development                                    | 3 credits   |
| <a href="#">PSY 9821</a>               | Cognitive and Behavioral Approaches in Counseling        | 3 credits   |
| <a href="#">PSY 9823</a>               | Career Counseling  | 1.5 credits |
| <a href="#">PSY 9824</a>               | Assessment   | 1.5 credits |
| <a href="#">PSY 9825</a>               | Coping with Grief and Trauma                             | 3 credits   |
| <a href="#">PSY 9826</a>               | Assessment and Treatment of Obesity and Eating Disorders | 3 credits   |
| <a href="#">PSY 9827</a>               | Child and Adolescent Psychopathology                     | 3 credits   |
| <a href="#">PSY 9828</a>               | Theories of Counseling                                   | 3 credits   |
| <a href="#">PSY 9830</a>               | Mental Health Counseling Internship I                    | 6 credits   |
| <a href="#">PSY 9831</a>               | Mental Health Counseling Internship II                   | 6 credits   |

PSY 9922

Research and Program Evaluation in Mental Health Counseling

3 credits