3 Steps to Help Prepare for Retirement

Help obtain the retirement you want by taking the following steps.

1. **REVIEW: What can you do right now to start saving for retirement?**
   Workers today need to prepare for a long retirement — perhaps over 30 years. If you’re in your 20s or 30s, now’s the time to start saving and develop a retirement strategy.

2. **REASSESS: Are you saving enough?**
   In your 40s or 50s? Ask yourself, “What more could I do to help ensure a secure future for my family and myself?

3. **RETIRE: Are you ready?**
   You’ve prepared and saved, so what steps do you take now so you can retire.

Now that you know the 3R’s to Retirement, let MetLife help guide you. You can find tips, tools and resources at [http://3r.metlife.com](http://3r.metlife.com). Then, reach out to your MetLife Financial Services Representative, who is dedicated to helping you work towards your retirement goals.

Sincerely,

Human Resources

Baruch College

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