

## PRE-DOCTORAL PSYCHOLOGY INTERNSHIP PROGRAM 2011-12

Baruch College Counseling Center  
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## **FOREWORD**

Baruch College, named after Bernard M. Baruch in 1953, originated from the United States' first free public higher education institution, the Free Academy. Townsend Harris who, in 1847, challenged the city to "let the children of the rich and poor take their seats together and know no distinctions save that of industry, good conduct, and intellect" founded it. Mr. Baruch graduated from City College, as the Free Academy was renamed in 1866, and became a financier, philanthropist, and advisor to eight presidents. As a trustee, he accomplished a school of business and college government administration in 1919. The School became informally known as "City College Downtown" and has since generated countless business and civic pioneers. In 1968, Baruch separated from City College and became a distinct senior college of the City University of New York.

## **PRE-DOCTORAL PSYCHOLOGY INTERNSHIP PROGRAM 2011-2012**

The Internship Program provides experience throughout the adult life span that may be tailored to meet individual educational, counseling, and training goals. As part of their experience, and because we value an interdisciplinary approach to care and training, interns will work with other professionals including psychologists, psychiatrists, and social workers who are on staff. Interns will attend two didactic seminars weekly as well as three supervisions (a minimum of 2 individual and 1 group). In addition, interns will attend supervision for intake interviewing and writing as well as for conducted assessments that originate onsite and from our Office for Disability Services.

The Counseling Center provides individual and group treatment and serves students from varied social, economic, and ethnic (approximately 75% international students) backgrounds with a wide range of emotional disorders.

Interns receive a stipend of approximately \$15,000 plus benefits and have 4 weeks of vacation.

### **I. CLINICAL SERVICES**

- Approximately 14-20 individual cases and 1 group
- Intake summaries for first appointments
- Approximately 6 psychological and neuropsychological test batteries
- Approximately 2 workshops per semester
- Consultation and referral for staff and faculty

### **II. SUPERVISION**

- A minimum of 2 hours individual for individual cases and group
- 1 hour group for individual cases and group
- 1 hour small group for testing
- 1 hour small group for intake interviewing and writing
- Workshop, outreach, consultation, referral, and crisis supervision as needed

### III. CURRICULUM

The following describes seminars and meetings that are available to interns:

#### CASE CONFERENCE

This monthly conference, at which interns and externs present one case per semester, is jointly attended by the Counseling Center and the Career Development Center as well as by invited outside guests in the field of mental health.

#### DIDACTIC SEMINARS

Twice per week, onsite and/or invited guests discuss topics of special interest. Topics have included:

- Professional development issues
- Psychopharmacology
- Multiculturalism
- Crisis management
- HIV
- Gay, lesbian, and bisexual issues
- Character pathology
- Suicide
- Group psychotherapy
- Substance abuse
- Eating disorders
- Intake interviewing and writing
- Assessment
- Career counseling
- Academic advisement
- Treatment Planning

#### EVALUATION

Extensive evaluation of the interns' performance by supervisors is part of the training process. Interns have continuing opportunities to evaluate their own progress as the internship evolves via the close relationships that are fostered with their supervisors. Both midyear and final evaluations will be discussed with interns in order to consolidate feedback. These formal evaluations will be forwarded to Directors of Training. Interns are asked to formally evaluate their internship experience.

#### COLLEGE-WIDE ACTIVITIES

There are many college-wide activities and events in which interns may choose to participate (e.g., Freshman Orientation, Early Childhood Center, Helpline, Career Development Center, Stress Busters, Health Fair, Wellness Festival, Women's History

Month, Black History Month, Poetry Month, Depression Screening Day, Alcohol Screening Day, etc.). Outreach and workshop efforts are typically college-wide. In addition, Baruch College boasts more than 100 clubs and organizations that span a wide range of interests and sponsor a wide range of activities and events. Thus, the potential for counseling center involvement is great if not unlimited.

## TIME REQUIREMENTS

The internship is fulltime and requires 40 hours weekly. Treatment, testing, supervision, and all other counseling activities are continuous and, thus, require full attendance. Internship runs from approximately September 1st through August 31st. Interns accrue 4 weeks of vacation and 11 sick leave days.

During the year, interns' assignments or aspects of their program may be modified in accordance with new opportunities and needs of the Counseling Center. Some experience may be arranged offsite.

## APPLICATION PROCEDURES

Applicants should submit an APPIC application, a cover letter, their resume or curriculum vitae, three (3) letters of recommendation, one sample testing report, and an official transcript from their doctoral program by November 15, 2011. All complete applications will be reviewed, and a proportion of applicants will be invited for a required interview. We regret that volume renders us unable to grant an interview to all applicants. If you are not invited for an interview, you will not be considered for our internship. Intern applicants will be notified of match results via the APPIC Internship Matching Program in which the Counseling Center is participating. Applicants should, therefore, complete and submit an Applicant Agreement form to National Matching Services. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. Program Code: 178511.

Applications and inquiries should be addressed to:

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