The Counseling Center offers professional counseling and psychotherapy to anyone who is currently enrolled and registered as an undergraduate or graduate student at Baruch College. Baruch faculty, staff and alumni may be seen for consultation and referral. Non-degree and non-matriculated Baruch students are also seen for consultation and referral.

**Who can use the Counseling Center?**

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**What types of services are offered at the Center?**

**Personal Counseling**
Work one-on-one with a counselor to explore personal problems and/or enhance your ability to be holistically well and successful.

**Group Counseling**
Join with others who may have similar concerns in groups led by our staff. Examples: LGBT Support, International Student Support, and Depression.

**Psychological and Learning Disability Testing**
Evaluations are completed via the Office of Services for Students with Disabilities.

**Safe Zone**
The Center administers Baruch’s Safe Zone initiative, providing trainings and materials to help promote a positive, open environment for our diverse community, especially the LGBT community.

David W. Cheng, Ph.D., Director
Caroline Kasnakian, Psy.D., Associate Director
Elizabeth Ruggieri, M.P.A., Administrative Coordinator
Staci Davis, Psy.D., Staff Psychologist
Ryan Androsiglio, Ph.D., Staff Psychologist
Miriam Korn, Psy.D, Staff Psychologist
Robert Kayne, Psy.D., Adjunct
Jairo Fuertes, Ph.D., Adjunct
Stacie Kessler, Psy.D., Adjunct
Elizabeth Merrick, Ph.D., Adjunct
Nancy Zeiher, Ph.D., Psychological Counselor
Logan Persons Jones, Psy.D. Counselor
Alexander Levine, Psy.D. Candidate, Intern
Derek Neaz, Psy.D. Candidate, Intern
Jorge Alcantar-Heredia, Psy.D. Candidate, Extern
Elizabeth Geiger, Ph.D. Candidate, Extern
Grace Lin, M.A. Candidate, Extern
Alberto Manzi, M.S. Candidate, Extern
Jane Piesman, Psy.D. Candidate, Extern
Donna Poon, Ed.M. Candidate, Extern
Arielle Toporovsky, Ph.D. Candidate, Extern
Zachary Geller, M.Phil./Ph.D. Candidate, Graduate Fellow
Esther Lee, Ph.D. Candidate, Graduate Fellow
Michael Palumbo, Ph.D. Candidate, Graduate Fellow

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counseling@baruch.cuny.edu
www.baruch.cuny.edu/studentaffairs/counselingcenter.htm
The Counseling Center helps students to define and achieve their personal and academic goals. The Counseling Center can help you to:

- Recognize what is upsetting you
- Clarify your goals
- Focus on your studies
- Find ways to deal with difficult situations
- Make decisions about your future

Counselors work with students on a wide variety of personal problems. Some of these concerns include:

- Problems in interpersonal relationships
- Conflicts about sexuality
- Time management
- Substance abuse
- Family problems
- Eating disorders
- Test anxiety
- Difficulties with academic achievements
- Feelings of inadequacy, depression and loneliness
- Stress
- AIDS and sexually transmitted diseases
- Difficulties adjusting to a new country and/or lifestyle
- Homesickness