# New York City Health Benefits Seminars

## JANUARY 2019

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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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- **New Year's Day**
- **Martin L. King Jr. Day**

- **10:00 AM Transition to Retiree Health Benefits**
- **4:30 PM Transition to Retiree Health Benefits**
- **4:30 PM Transition to Retiree Health Benefits**
- **12:00 PM Transition to Retiree Health Benefits**

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**View additional calendars and register to attend seminars by visiting us online at:** [nyc.gov/olr](http://nyc.gov/olr), then select “Employee” under the "Health Ben" tab.

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*Each of the topics below is discussed in relation to the Health Benefits Program:*

**Transition to Retiree Health Benefits Seminar**
Learn the steps involved in transitioning health benefits from employee to retiree status. Includes a Q&A session at the end of the seminar.

**Health Benefits for Active NYC Employees**
Understand the current health plan choices offered to NYC employees as well as other tax-favored benefits.

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**Important:** Seminar duration is approximately 1 hour. Seats are limited. Register online at nyc.gov/olr

**Health Benefits Program Seminar Location:** 40 Rector Street, 3rd Floor, New York, NY 10006 (between Washington and West Street)

**Directions by subway:** #4 or #5 to Wall Street - #1 to Rector Street - R to Rector Street