

weightwatchers

Weight Watchers
member

A healthier you **starts here**



“Thanks to Weight Watchers, I now see how to eat in a new light. I am more conscious about what I'm eating and drinking and yet still enjoying life to the fullest.”

Tiffany - 45, Chicago, IL

Lost 43.5 lbs*

*People following the Weight Watchers plan can expect to lose 1-2 lbs per wk. Tiffany lost weight on prior program and is continuing on WW Freestyle.

A whole **new** approach to enjoy food and **live life** like never before.

Our new **WW Freestyle™** program lets you enjoy eating more of the foods you love with less tracking. Follow a plan that fits your lifestyle—through meetings or completely online.**

ALL-NEW!

WW
Freestyle™

Join now. See yourself transform. #FreestyleEffect

To learn more about the City of New York and Weight Watchers partnership, visit

<https://wellness.weightwatchers.com> and enter City of New York information:

Employer ID: 11612222 | Employer Passcode: WW11612222

Questions? Contact:

Please note: Meetings available in participating areas only. Minimum enrollment required to start meetings in the workplace.

**Digital tools and apps available only with subscription products.

Weight Watchers is the registered trademark of Weight Watchers International, Inc. WW Freestyle is the trademark of Weight Watchers International, Inc. ©2018 Weight Watchers International, Inc. All rights reserved.