New York City Health Benefits Program


**Health Plans**: Customer service telephone numbers are listed in the 2001 *New York City Health Benefits Program: Summary Program Description Booklet* and on your health plan’s identification card. Many health plans have developed **web sites that allow members to: obtain listings of plan physicians, submit change of address, customer service inquiries**, and to get more information about the health plan. You should visit your health plan’s website at the location listed below.

### Health Plans (No Medicare) Websites

<table>
<thead>
<tr>
<th>Health Plans</th>
<th>Web Site</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Empire HMO and EPO</td>
<td><a href="http://www.empireblue.com">http://www.empireblue.com</a></td>
<td>800-767-8672</td>
</tr>
<tr>
<td>Cigna HealthCare</td>
<td><a href="http://www.cigna.com">http://www.cigna.com</a></td>
<td>800-832-3211</td>
</tr>
<tr>
<td>DC37 Med Team Health Plans = GHI</td>
<td><a href="http://www.ghi.com">http://www.ghi.com</a></td>
<td>212-501-4444</td>
</tr>
<tr>
<td>GHI/MPM (medical)</td>
<td><a href="http://www.ghi.com">http://www.ghi.com</a></td>
<td>212-501-4444</td>
</tr>
<tr>
<td>GHI/HMO</td>
<td><a href="http://www.ghi.com">http://www.ghi.com</a></td>
<td>877-244-4466</td>
</tr>
<tr>
<td>HIP HMO and POS</td>
<td><a href="http://www.hipusa.com">http://www.hipusa.com</a></td>
<td>800-HIP-NYC9</td>
</tr>
<tr>
<td>Health Net EPO</td>
<td><a href="http://www.health.net">http://www.health.net</a></td>
<td>800-441-5741</td>
</tr>
<tr>
<td>Vytra HMO</td>
<td><a href="http://www.vytra.com">http://www.vytra.com</a></td>
<td>800-406-0806</td>
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</tbody>
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### Health Plans (Medicare) Web Site

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<tr>
<td>BlueChoice Senior Plan</td>
<td><a href="http://www.empirehealthcare.com">http://www.empirehealthcare.com</a></td>
</tr>
<tr>
<td>Health Plan</td>
<td>Website</td>
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<tr>
<td>Blue CrossBlue Shield HealthOptions</td>
<td><a href="http://www.empirehealthcare.com">http://www.empirehealthcare.com</a></td>
</tr>
<tr>
<td>Empire BlueChoice Medicare Supplement</td>
<td><a href="http://www.empirehealthcare.com">http://www.empirehealthcare.com</a></td>
</tr>
<tr>
<td>Cigna Healthcare</td>
<td><a href="http://www.cigna.com">http://www.cigna.com</a></td>
</tr>
<tr>
<td>Elderplan</td>
<td><a href="http://www.elderplan.org/seniorinfo.dir.html">http://www.elderplan.org/seniorinfo.dir.html</a></td>
</tr>
<tr>
<td>GHI Senior Care</td>
<td><a href="http://www/ghi.com">http://www/ghi.com</a></td>
</tr>
<tr>
<td>HIP VIP Medicare</td>
<td><a href="http://www.hipusa.com">http://www.hipusa.com</a></td>
</tr>
<tr>
<td>NYLCare Medicare</td>
<td><a href="http://www.nylcare.com">http://www.nylcare.com</a></td>
</tr>
<tr>
<td>Oxford Medicare Advantage</td>
<td><a href="http://www.oxhp.com">http://www.oxhp.com</a></td>
</tr>
<tr>
<td>PCA Health Plans of Florida</td>
<td>Not Available</td>
</tr>
<tr>
<td>PHS Smart Choice</td>
<td><a href="http://www.phshmo.com">http://www.phshmo.com</a></td>
</tr>
<tr>
<td>United Healthcare of Florida</td>
<td><a href="http://www.unitedhealthcare.com">http://www.unitedhealthcare.com</a></td>
</tr>
<tr>
<td>Vytra Medicare</td>
<td><a href="http://www.vytra.com">http://www.vytra.com</a></td>
</tr>
<tr>
<td>Wellcare Senior Health</td>
<td><a href="http://www.wellcare.com">http://www.wellcare.com</a></td>
</tr>
</tbody>
</table>

**Retirement Plans**

New York City Teachers' Retirement System (TRS)
55 Water Street
N.Y., N.Y. 10041
18888NYCTRS
[http://www.trs.nyc.ny.us](http://www.trs.nyc.ny.us)

New York City Employees' Retirement System (ERS)
335 Adams Street
Suite 2300
Brooklyn, NY 11201
Tel: 347-643-3000

TIAA-CREF (Optional Retirement Program - ORP)
730 Third Avenue
N.Y., N.Y. 10017
Employee Help Line - 1-800-842-2776
Lilam Quintero - 1-800-842-2733 ext.236269
**Tax Deferred Annuity (TDA) Plans**
TIAA-CREF
730 Third Avenue
N.Y., N.Y. 10017
Lilitam Quintero - 1-800-842-2733 ext.236269
TDA Maximum Allowable Calculations – 877-842-4833

Halliday Financial Group
725 Glen Cove Avenue
Glen Head, NY 11545
Representative – James Werner, 516-671-1099/800-786-1598 * Fax: 516-759-4521

**New York State Deferred Compensation Program - 457 Plan**
Bina Kumar
Account Executive
1-800-422-8463 ext. 44329
http://www.nysdcp.com

**Union**
Professional Staff Congress - CUNY (PSC-CUNY)
61 Broadway, 15th Floor
N.Y., N.Y. 10006
212-354-1252
Web Site Address- http://www.psc-cuny.org
Pension Counselor - Clarissa Weiss, Director of Pensions and Benefits
Union Representatives – Professor Gayana Jurkevich 646-312-4221,
Professor Howard Ross 646-312-3457
http://www.psc-cuny.org/

**Welfare Fund** (Administers Prescription, Dental, and Optical Coverage)
PSC-CUNY Welfare Fund
61 Broadway, 15th Floor
N.Y., N.Y. 10006
Tel: 212-354-5230
http://psccunywf.org

Welfare Fund Administrators:
Dental plan – Lucy Cortez
Hearing Aid plan and dependent student coverage- Mae Locascio
Medco Prescription Drug plan and retiree information: RoseMarie Ficalora
Vision/Optical plans – Neida Baez

**Dental Plans** (Administered by the Welfare Fund)
Guardian DentalGuard Preferred
Group Dental Claims
P.O. Box 2459
Spokane, WA 99210-2459
1-800-541-7846
Dental Plan Information: http://www.guardianmarketing.com/p GCCUNY/
For Claim Form (out of network only-use Group Number G381084)
Delta Care USA
PMI Dental Health Plan
Delta Care USA
12898 Towne Center Drive
Cerritos, California 90703-8546
1-800-422-4234
http://www.deltadentalins.com

Medco Health Prescriptions (Administered by the Welfare Fund)
1-866-386-3797
http://www.medcohealth.com/

Catastrophic Major Medical Plan (Administered by the Welfare Fund)
Marsh Affinity Group (formerly Seabury and Smith and Albert H. Wohler’s & Co.)/PSC-CUNY Group Insurance Plans
1440 N. Northwest Highway
Park Ridge, Ill. 60068-1400
1-800-503-9230

Long Term Care Programs (Administered by the Welfare Fund)
John Hancock
P.O. Box 111
Boston, MA 02117-9939
1-800-543-7108

MetLife Long Term Care (Administered by the City of NY)
866-414-7076

PICA Program (Injectable and Chemotherapy Drugs)
Express Scripts
1-800-467-2006
http://www.express-scripts.com

Education Affiliates Federal Credit Union
25 West 43rd Street Room 311
New York, NY 10036 212-302-1954
http://www.pscunyfcu.org

Municipal Credit Union
2 Lafayette street
New York, NY 10007
http://www.nymcu.org

Retiree Health Insurance Hotline for Employees

Employees' Retirement System
New York City Employee Benefits Program
40 Rector Street
New York, NY 10006
(212) 513-0470 (Between 10 and 4)
Teacher's Retirement System
New York City Employee Benefits Program
40 Rector Street
New York, NY 10006
(212) 513-0470 (Between 10 and 4)

Retiree Health Insurance Hotline for TIAA-CREF Retirement System - Ivan Roman
New York City Employee Benefits Program
40 Rector Street
New York, NY 10006
212-306-7378

CUNY Work/Life Program
1-800-833-8707
www.cuny.edu/worklife

College Savings Plan
Ginger Romero Pardlo
Institutional Relationship Manager Upromise Investments, Inc.
New York’s 529 College Savings Program Direct Plan
PO Box 050231, Brooklyn, NY 11205
Phone: 347.320.1688 | Fax: 718.443.8064
gpardlo@upromise.com
http://nysaves.uii.upromise.com

Savings Bonds
1-800-426-9314