

Instructional Staff Contact Sheet for Retirees

New York City Health Benefits Program

Summary Plan Description: http://www.nyc.gov/html/olr/html/health/prog_info.shtml

Rate sheet: http://www.nyc.gov/html/olr/downloads/pdf/healthb/emp_rates.pdf

Health Plans: Customer service telephone numbers are listed in the 2001 *New York City Health Benefits Program: Summary Program Description Booklet* and on your health plan's identification card. Many health plans have developed **web sites that allow members to: obtain listings of plan physicians, submit change of address, customer service inquiries**, and to get more information about the health plan. You should visit your health plan's website at the location listed below.

Health Plans (No Medicare) Websites

Health Plans	Web Site	Phone Number
Aetna U.S. Health Care HMO and QPOS	http://www.aetna.com	800-445-8742
Empire HMO and EPO	http://www.empireblue.com	800-767-8672
Cigna HealthCare	http://www.cigna.com	800-832-3211
DC37 Med Team Health Plans = GHI	http://www.ghi.com	212-501-4444
GHI/CBP (medical)	http://www.ghi.com	212-501-4444
GHI/HMO	http://www.ghi.com	877-244-4466
HIP HMO and POS	http://www.hipusa.com	800-HIP-NYC9
Health Net EPO	http://www.health.net	800-441-5741
Vytra HMO	http://www.vytra.com	800-406-0806

Health Plans (Medicare) Web Site

Aetna U.S. Healthcare	http://www.aetnaushc.com
AVMED	http://12.8.1813/avmedc/
BlueChoice Senior Plan	http://www.empirehealthcare.com

Blue CrossBlue Shield HealthOptions	http://www.empirehealthcare.com
Empire BlueChoice Medicare Supplement	http://www.empirehealthcare.com
Cigna HealthCare	http://www.cigna.com
Elderplan	http://www.elderplan.org/seniorinfo.dir.html
GHI Senior Care	http://www.ghi.com
HIP VIP Medicare	http://www.hipusa.com
NYLCare Medicare	http://www.nylcare.com
Oxford Medicare Advantage	http://www.oxhp.com
PCA Health Plans of Florida	Not Available
PHS Smart Choice	http://www.phshmo.com
United Healthcare of Florida	http://www.unitedhealthcare.com
Vytra Medicare	http://www.vytra.com
Wellcare Senior Health	http://www.wellcare.com

Retirement Plans

New York City Teachers' Retirement System (TRS)
55 Water Street
N.Y., N.Y. 10041
18888NYCTRS
<http://www.trs.nyc.ny.us>

New York City Employees' Retirement System (ERS)
335 Adams Street
Suite 2300
Brooklyn, NY 11201
Tel: 347-643-3000
<http://www.nycers.org/>

TIAA-CREF (Optional Retirement Program - ORP)
730 Third Avenue
N.Y., N.Y. 10017
Employee Help Line - 1-800-842-2776
Liliam Quintero - 1-800-842-2733 ext.236269
<http://www.tiaa-cref.org/>

Tax Deferred Annuity (TDA) Plans

TIAA-CREF
730 Third Avenue
N.Y., N.Y. 10017
Liliam Quintero - 1-800-842-2733 ext.236269
TDA Maximum Allowable Calculations – 877-842-4833

Halliday Financial Group
725 Glen Cove Avenue
Glen Head, NY 11545
Representative – James Werner, 516-671-1099/800-786-1598 * Fax: 516-759-4521

New York State Deferred Compensation Program - 457 Plan

Bina Kumar
Account Executive
1-800-422-8463 ext. 44329
<http://www.nysdcp.com>

Union

Professional Staff Congress - CUNY (PSC-CUNY)
61 Broadway, 15th Floor
N.Y., N.Y. 10006
212-354-1252
Web Site Address- <http://www.psc-cuny.org>
Pension Counselor - Clarissa Weiss, Director of Pensions and Benefits
Union Representatives – Professor Gayana Jurkevich 646-312-4221,
Professor Howard Ross 646-312-3457
<http://www.psc-cuny.org/>

Welfare Fund (Administers Prescription, Dental, and Optical Coverage)

PSC-CUNY Welfare Fund
61 Broadway, 15th Floor
N.Y., N.Y. 10006
Tel: 212-354-5230
<http://psccunywf.org>

Welfare Fund Administrators:

Dental plan – Lucy Cortez
Hearing Aid plan and dependent student coverage- Mae Locascio
Medco Prescription Drug plan and retiree information: RoseMarie Ficalora
Vision/Optical plans – Neida Baez

Dental Plans (Administered by the Welfare Fund)

Guardian DentalGuard Preferred
Group Dental Claims
P.O. Box 2459
Spokane, WA 99210-2459
1-800-541-7846
Dental Plan Information: <http://www.guardianmarketing.com/psccunyw/>
For Claim Form (out of network only-use Group Number G381084)
<http://www.guardianmarketing.com/psccunyw/Dental-Claim-Form.pdf>

Delta Care USA
PMI Dental Health Plan
Delta Care USA
12898 Towne Center Drive
Cerritos, California 90703-8546
1-800-422-4234
<http://www.deltadentalins.com>

Medco Health Prescriptions (Administered by the Welfare Fund)
1-866-386-3797
<http://www.medcohealth.com/>

Catastrophic Major Medical Plan (Administered by the Welfare Fund)
Marsh Affinity Group (formerly Seabury and Smith and Albert H. Wohler's & Co.)/PSC-
CUNY Group Insurance Plans
1440 N. Northwest Highway
Park Ridge, Ill. 60068-1400
1-800-503-9230

Long Term Care Programs (Administered by the Welfare Fund)
John Hancock
P.O. Box 111
Boston, MA 02117-9939
1-800-543-7108

MetLife Long Term Care (Administered by the City of NY)
866-414-7076

PICA Program (Injectable and Chemotherapy Drugs)
Express Scripts
1-800-467-2006
http://www.nyc.gov/html/olr/html/health/pica_prog.shtml
<http://www.express-scripts.com>

Education Affiliates Federal Credit Union
25 West 43rd Street Room 311
New York, NY 10036 212-302-1954
<http://www.psccunyfcu.org>

Municipal Credit Union
2 Lafayette street
New York, NY 10007
<http://www.nymcu.org>

Retiree Health Insurance Hotline for Employees

Employees' Retirement System
New York City Employee Benefits Program
40 Rector Street
New York, NY 10006
(212) 513-0470 (Between 10 and 4)

Teacher's Retirement System

New York City Employee Benefits Program
40 Rector Street
New York, NY 10006
(212) 513-0470 (Between 10 and 4)

Retiree Health Insurance Hotline for TIAA-CREF Retirement System - Ivan Roman

New York City Employee Benefits Program
40 Rector Street
New York, NY 10006
212-306-7378

CUNY Work/Life Program

1-800-833-8707
www.cuny.edu/worklife

College Savings Plan

Ginger Romero Pardlo
Institutional Relationship Manager Upromise Investments, Inc.
New York's 529 College Savings Program Direct Plan
PO Box 050231, Brooklyn, NY 11205
Phone: 347.320.1688 | Fax: 718.443.8064
gpardlo@upromise.com
<http://nysaves.uui.upromise.com>

Savings Bonds

1-800-426-9314