New York City Health Benefits Program


**Health Plans**: Customer service telephone numbers are listed in the 2001 *New York City Health Benefits Program: Summary Program Description Booklet* and on your health plan’s identification card. Many health plans have developed web sites that allow members to: obtain listings of plan physicians, submit a change of address, customer service inquiries, and to get more information about the health plan. You should visit your health plan’s website at the location listed below.

**Health Plans (Non Medicare) Website**

<table>
<thead>
<tr>
<th>Health Plans</th>
<th>Web Site</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Empire HMO and EPO</td>
<td><a href="http://www.empireblue.com">http://www.empireblue.com</a></td>
<td>800-767-8672</td>
</tr>
<tr>
<td>Cigna HealthCare</td>
<td><a href="http://www.cigna.com">http://www.cigna.com</a></td>
<td>800-832-3211</td>
</tr>
<tr>
<td>DC37 Med Team Health Plans = GHI</td>
<td><a href="http://www.ghi.com">http://www.ghi.com</a></td>
<td>212-501-4444</td>
</tr>
<tr>
<td>GHI/CBP (medical)</td>
<td><a href="http://www.ghi.com">http://www.ghi.com</a></td>
<td>212-501-4444</td>
</tr>
<tr>
<td>GHI/HMO</td>
<td><a href="http://www.ghi.com">http://www.ghi.com</a></td>
<td>877-244-4466</td>
</tr>
<tr>
<td>HIP HMO and POS</td>
<td><a href="http://www.hipusa.com">http://www.hipusa.com</a></td>
<td>800-HIP-NYC9</td>
</tr>
<tr>
<td>Health Net EPO</td>
<td><a href="http://www.health.net">http://www.health.net</a></td>
<td>800-441-5741</td>
</tr>
<tr>
<td>Vytra HMO</td>
<td><a href="http://www.vytra.com">http://www.vytra.com</a></td>
<td>800-406-0806</td>
</tr>
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## Health Plans (Medicare) Web Site

<table>
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<tbody>
<tr>
<td>Aetna U.S. Healthcare</td>
<td><a href="http://www.aetnaushc.com">http://www.aetnaushc.com</a></td>
</tr>
<tr>
<td>AVMED</td>
<td><a href="http://12.8.1813/avmedc/">http://12.8.1813/avmedc/</a></td>
</tr>
<tr>
<td>BlueChoice Senior Plan</td>
<td><a href="http://www.empirehealthcare.com">http://www.empirehealthcare.com</a></td>
</tr>
<tr>
<td>Blue CrossBlue Shield HealthOptions</td>
<td><a href="http://www.empirehealthcare.com">http://www.empirehealthcare.com</a></td>
</tr>
<tr>
<td>Empire BlueChoice Medicare Supplement</td>
<td><a href="http://www.empirehealthcare.com">http://www.empirehealthcare.com</a></td>
</tr>
<tr>
<td>Cigna HealthCare</td>
<td><a href="http://www.cigna.com">http://www.cigna.com</a></td>
</tr>
<tr>
<td>Elderplan</td>
<td><a href="http://www.elderplan.org/seniorinfo.dir.html">http://www.elderplan.org/seniorinfo.dir.html</a></td>
</tr>
<tr>
<td>GHI Senior Care</td>
<td><a href="http://www/ghi.com">http://www/ghi.com</a></td>
</tr>
<tr>
<td>HIP VIP Medicare</td>
<td><a href="http://www.hipusa.com">http://www.hipusa.com</a></td>
</tr>
<tr>
<td>NYLCare Medicare</td>
<td><a href="http://www.nylcare.com">http://www.nylcare.com</a></td>
</tr>
<tr>
<td>Oxford Medicare Advantage</td>
<td><a href="http://www.oxhp.com">http://www.oxhp.com</a></td>
</tr>
<tr>
<td>PCA Health Plans of Florida</td>
<td>Not Available</td>
</tr>
<tr>
<td>PHS Smart Choice</td>
<td><a href="http://www.phshmo.com">http://www.phshmo.com</a></td>
</tr>
<tr>
<td>United Healthcare of Florida</td>
<td><a href="http://www.unitedhealthcare.com">http://www.unitedhealthcare.com</a></td>
</tr>
<tr>
<td>Vytra Medicare</td>
<td><a href="http://www.vytra.com">http://www.vytra.com</a></td>
</tr>
<tr>
<td>Wellcare Senior Health</td>
<td><a href="http://www.wellcare.com">http://www.wellcare.com</a></td>
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## Retiree Health Plan Administration
New York City Employee Benefits Program  
40 Rector Street  
New York, New York 10006  
(212) 5130470 (Between 10 and 4)

## Union/Welfare Fund
DC37  
125 Barclay St.  
NY, NY 10007  
P# 2128151234  
http://www.dc37.net/
Prescription/Dental/Optical
Contact your local welfare fund directly

PICA Program (Injectable and Chemotherapy Drugs)
Express Scripts
1-800-467-2006
http://www.express-scripts.com

Voluntary Insurance Program (For DC37 only)
Winston Financial Services
P.O. Box– A Bay Head,
NJ 08742 18003476071
- Catastrophic Insurance
- Life Insurance
- Long Term Disability Insurance
- Cancer Insurance

Retirement Plan
New York City Employees’ Retirement System (NYCERS)
335 Adams Street Suite 2300
Brooklyn, NY 11201
(347) 643- 3000
http://www.nycers.org

MetLife Long Term Care (administered by the City of NY)
866-414-7076

Tax Deferred Annuity Plan (TDA 403b)
MetLife
200 Park Avenue NY, NY 10166
Rep: Marc Adamek - 9172178533

New York State Deferred Compensation Program - 457 Plan
Bina Kumar
Account Executive
1-800-422-8463 ext. 44329
http://www.nysdcp.com

Municipal Credit Union
2 Lafayette Street
New York, NY 10007
2126934900

Savings Bonds
18004269314

Chase Manhattan Bank
Rep – Jason X. Tran 212-684-2105
Retiree Health Insurance Hotline for Employees

Employees' Retirement System
New York City Employee Benefits Program
40 Rector Street New York, NY 10006
(212) 513-0470 (Between 10 and 4)

Teacher's Retirement System New York
City Employee Benefits Program
40 Rector Street New York, NY 10006
(212) 513-0470 (Between 10 and 4)

CUNY Work/Life Program
1-800-833-8707
www.cuny.edu/worklife

College Savings Plan
Ginger Romero Pardlo
Institutional Relationship Manager Upromise Investments, Inc.
New York's 529 College Savings Program Direct Plan
PO Box 050231, Brooklyn, NY 11205
Phone: 347.320.1688 | Fax: 718.443.8064
gpardlo@upromise.com
http://nysaves.iii.upromise.com

Savings Bonds
1-800-426-9314