



Baruch Alumni Career Seminars

Spring 2012

Reservations required!!

Cost: \$10.00/seminar

Register: 646.312.4670 or Jennifer.Rodgers@baruch.cuny.edu

Light Refreshments

Thursday, February 9, 2012

14-280 NVC

6:00 - 8:00 PM

TRANSFERABLE SKILLS - How To Make the Connections Into a New Field of Work

Ginny Ruder, MS - Career Counselor: GR Career Planning

The discussion will revolve around identified skills used in the past, and explore the ways to apply them to different fields of work. We will discuss how to explain to a new employer how your experience can transfer across industries and job titles. Successful job search strategies will also be discussed.

Thursday, March 1, 2012

2-190 NVC

6:00 - 8:00 PM

HOW TO GET THE RIGHT FIT (Additional \$5.00 fee for the Self Directed Search career inventory)

Ginny Ruder, MS - Career Counselor: GR Career Planning

We will use the Self Directed Search to focus on your RIASEC code (interests) and begin to understand how you can rethink the type of work you do, and the type of work environment you need to find to be your best. ***There is a fee for the Self Directed Search.***

Thursday, March 29, 2012

2-190 NVC

6:00 - 8:00 PM

STAYING FOCUSED AND ORGANIZED TO SUCCESSFULLY FIND NEW WORK

Ginny Ruder, MS - Career Counselor: GR Career Planning

If you are out of work how do you stay motivated, focused and organized? Being organized and managing a job search like a business project while handling life's other responsibilities can be tough. We will discuss tips to organize yourself and your search process, as well as how to move forward if you are feeling stuck, and how to get out of what may feel like a rut.

Thursday, April 12, 2012

2-190 NVC

6:00 - 8:00 PM

SHOULD I TAKE THE PLUNGE?

Ginny Ruder, MS - Career Counselor: GR Career Planning

You may have been thinking about taking a new direction for the future, are you really ready? Understand the risks involved and begin to understand the fear that may be stopping you from doing something new. In this workshop we will help you reframe your current thinking and focus on the path forward.

Tuesday, April 24, 2012

2-190 NVC

6:00 - 8:00 PM

NETWORKING THROUGH SOCIAL MEDIA

Ginny Ruder, MS - Career Counselor: GR Career Planning

Networking is a big buzz word these days. How do you best network and how do you make connections that will take you where you want to go? We will discuss and focus on the give and take in any type of Networking, and discuss how Social Media can help you find connections.

Thursday, May 3, 2012

2-190 NVC

6:00 - 8:00 PM

OLYMPIC CHAMPION - INTERVIEW SKILLS

Annette McLaughlin, Vice President Talent, The Response Companies

To land the job you want your interview has to be flawless. Learn the different interview techniques including standard questions, behavioral interview techniques and how to prepare like a champ. Practice makes perfect.

BARUCH COLLEGE ALUMNI CAREER SERVICES

The Starr Career Development Center offers the following Career Services to Baruch Alumni for a Fee (fees pertain to alumni 6+ months outside of graduation date):

- * Individual Career Counseling \$10
- * Vocational Testing \$60 (Includes the Strong Interest Inventory and the Myers-Briggs)
- * Alumni Career Seminars \$10 (See Back of Page)

Call to make an appointment or to find out more about our services:

Dolores Manekas, Scheduling Coordinator 646.312.4674
Jennifer Rodgers, Alumni Coordinator 646.312.4697 or Jennifer.Rodgers@baruch.cuny.edu

FREE Walk-In Hour, every Tuesday from 12:00 - 1:00 PM:
No appointment necessary. First come, first served.
(Designed for brief session. Up to 3 walk-ins per year)

ONLINE MENTORING

Volunteer to provide online mentoring to Baruch students. Join the “Starr Career Development Center, Baruch College Online Mentor” group in LinkedIn!

As an online mentor you can:

- Volunteer to provide career advice online.
- Connect online, meet in person with your mentee, set up a site visit to your company, or come on campus to speak. It is your choice.
- Make a valuable contribution to the career development of Baruch students by providing the kind of information you wish you had when you were a student!

Call to make an appointment or to find out more about our services:

Jennifer Rodgers, Alumni Coordinator 646.312.4670



**Starr
Career
Development
Center**

One Bernard Baruch Way / Room 2-150 VC
(Corner of 24th Street & Lexington Avenue)
646.312.4670